

Message from Fr. Alan James

Like sugar, chasing after happiness can be a never-ending dash after the next quick fix. Joy and happiness co-exist at times, but even when things are not going our way, in challenging and uncertain times, we can continue to move through life with the lightness of touch that comes with a spirit of joy because we are loved by God. This Lent, as we strive for a closer relationship with God through prayer, study, and action, may we do so from a place of joy. May we take a moment each day and begin with a time of silent reflection and reconnection with God. May we hear in our ear and soul Bp. Barbara Harris's oft quoted words of reassurance, "The God who is behind us is greater than any problem that is ahead of us." May this spiritual discipline not only shape our personal lives, but our life and ministry as a congregation. St. Edmund's has a rich history of faithful worship and service. God continues to be present in our midst. May we draw upon this truth and listen for the leading of the Spirit as we joyfully discern who God is inviting and challenging us to become.

Faithfully yours,

Fr. Alan